



2023 COPIC Humanitarian Award: Dr. Janet Chestnut

We are proud to announce that Dr. Janet Chestnut, a family medicine physician from Lake City, Minnesota, was chosen as the recipient of the 2023 COPIC/MMA Foundation Humanitarian Award. Dr. Chestnut is recognized for her weekly volunteerism at CARE Clinic and her compassionate treatment of uninsured and low-income patients. The award was presented to Dr. Chestnut at Minnesota Medical Association's Annual Meeting in September 2023.

Relieving suffering is at the heart of everything Dr. Janet Chestnut does every Tuesday evening for her patients at CARE Clinic, a free, walk-in clinic providing medical, dental, and social services care. But it's not just this volunteer physician's commitment to the routine that sets her apart. It's her compassion for her patients.

More than 75 percent of the people she sees are recent immigrants with limited English proficiency. She works with interpreters and communicates nonverbally with a warmth and care that speaks louder than words.

In addition to volunteering to care for patients, Dr. Chestnut also mentors medical students. She's able to turn difficult situations into

teaching moments. After an encounter with a challenging patient, Dr. Chestnut told her student that the patient is someone's child, and she would want her own children to be treated with such compassion.

Dr. Janet Chestnut embodies the spirit of service of the COPIC/MMA Foundation Humanitarian Award. Her dedication to going above and beyond has improved the lives and health of countless underserved individuals and families in Goodhue County.

COPIC and MMA were thrilled to present Dr. Chestnut with this award, and on her behalf donated \$10,000 to CARE Clinic.

To learn more about the COPIC Humanitarian Award or to nominate a physician, visit our website:

www.callcopic.com/about-copic/copic-humanitarian-award

or email Laura Wadleigh at lwadleigh@copic.com.